Lowther Autumn/Winter Menu 2026/2027

caterlink
feeding the imagination

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 02/11/2026 23/11/2026 14/12/2026 18/01/2027 08/02/2027 08/03/2027	**Option One**	Rainbow Pizza with Wedges **(V)**	Beef Lasagne with Garlic Bread	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Chicken Tikka Masala with Rice	Fishfingers or Salmon Fishfingers with Chips and Tomato Sauce
	Option Two	Classic Cheese and Tomato Pizza with Wedges **(V)**	Soya Mince Lasagne **(V)**	Vegetarian Wellington with Roast Potatoes and Gravy **(VE)**	Quorn and Lentil Tikka Masala with Rice **(VE)**	Cheese and Bean Pasty with Chips and Tomato Sauce **(V)**
	Option Three	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**
	Dessert	Cheese and Crackers **(V)**	Apple Cake **(V)**	Fruit Medley **(VE)**	Jelly with Mandarins **(VE)**	Syrup Sponge **(V)**
WEEK TWO 09/11/2026 30/11/2026 04/01/2027 25/01/2027 22/02/2027 15/03/2027	**Option One**	Classic Cheese and Tomato Pizza with Wedges **(V)**	Spaghetti Bolognaise	BBQ Chicken, Seasoned Potatoes and Sweetcorn Salsa	Chicken and Sweetcorn Meatballs in Tomato Sauce with Rice	Breaded Fish or Fishfingers with Chips and Tomato Sauce
	Option Two	Rainbow Pizza with Wedges **(V)**	Vegan Bolognaise with Spaghetti **(VE)**	Lemon and Herb Quorn, Seasoned Potatoes and Sweetcorn Salsa **(VE)**	Creamy Chickpea and Coconut Curry with Rice **(VE)**	Cheese Whirl with Chips and Tomato Sauce **(V)**
	Option Three	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**
	Dessert	Gingerbread Cookie **(VE)**	Vanilla Shortbread **(VE)**	Fruit Salad **(VE)**	Sticky Toffee Apple Crumble with Custard **(V)**	Chocolate and Beetroot Brownie **(V)**
WEEK THREE 16/11/2026 07/12/2026 11/01/2027 01/02/2027 01/03/2027 22/03/2027	**Option One**	Macaroni Cheese **(V)**	Chicken Quesadilla with Paprika Wedges	Pork Sausage with Roast Potatoes and Gravy	Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips and Tomato Sauce
	Option Two	Mexican Bean Roll with Potatoes Wedges **(VE)**	Tomato Pasta **(VE)**	Vegan Sausage and Roast Potatoes with Gravy **(VE)**	Caribbean Stew with Golden Rice **(VE)**	Red Pepper Frittata with Chips and Tomato Sauce **(V)**
	Option Three	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**	Jacket Potato with a Selection of Toppings **(V/VE)**
	Dessert	Oaty Cookie **(VE)**	Pear Crumble with Custard **(V)**	Fruit Salad **(VE)**	Jamaican Ginger Cake **(V)**	Iced Sponge **(V)**

MENU KEY:

Whole grain

Plant based

Added plant protein

(VE) Vegan

(V) Veggie

AVAILABLE DAILY: 2 x Side Vegetables, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.